

Milkweed Guide

Planting:

- Plant in spring, after danger of frost has passed.
- Scatter seeds on surface of soil ¼ inch apart from one another and cover with ¼ inch of soil.
- Water frequently until plant is established.

Common Milkweed	
Light	Full sun, partial shade
Soil	Sand, loam, clay
Moisture	Dry, medium
Zones	3-8
Blooms	June, July, August
Color	Pink, lavender
Height	2'-4'
Spacing	1'
Supports	Pollinators, butterflies, hummingbirds

Swamp Milkweed	
Light	Full sun, partial shade
Soil	Sand, loam, clay
Moisture	Dry, medium
Zones	3-8
Blooms	June, July, August
Color	Pink, lavender
Height	2'-4'
Spacing	1'
Supports	Pollinators, butterflies, hummingbirds

Whorled Milkweed	
Light	Full sun, partial shade
Soil	Sand, loam, clay
Moisture	Dry, medium
Zones	3-8
Blooms	June, July, August
Color	Pink, lavender
Height	2'-4'
Spacing	1'
Supports	Pollinators, butterflies, hummingbirds

Butterfly Milkweed	
Light	Full sun, partial shade
Soil	Rocky, poor, clay
Moisture	Dry to medium
Zones	3-8
Blooms	June, July, August
Color	Orange
Height	1' - 2'
Spacing	1' - 3'
Supports	Monarch & moth host plant

Poke Milkweed	
Light	Full sun, partial shade
Soil	Loam
Moisture	Moist
Zones	3-8
Blooms	June, July, August
Color	White, cream
Height	2' - 5'
Spacing	1'
Supports	Bees & Butterflies